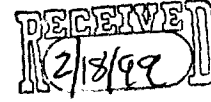




5237 '99 FEB 19 P2306

February 16, 1999



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Newt Powder Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for Newt Power bears the following statements:

"The unique formula inhibits the breakdown of lean muscle tissue, enhances calcium absorption and protein synthesis, and accelerates recovery. Plus it improves your power, stamina and energy levels so you can work out harder and longer"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

Craig Larsen
Director of Product Development and Quality Assurance

97S - 0162

LET 3173

Corporate Headquarters
166 Highland Park Drive
Bloomfield, CT 06002
1-800-990-FIRM (3476)
(860) 242-FIRM (3476)
FAX: (860) 243-9400